

# Get **WiLD** 2012 empowering changemakers



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Wisdom   insight   Leadership   Dialog

*“Life-changing. The quest sent me on a journey of becoming someone else (or something so much more) than I was before.”*

*- Casper Bek, participant in 2010*

Get **WiLD** is a powerful personal leadership and awareness training in nature.

If you need to recharge - to challenge yourself in new ways - or if you simply feel the call to get out into the wild and get some fresh air - then join us this summer in Sweden.

Get WiLD is a guided wilderness immersion built around a nature quest; a solo experience in nature. It's a contemporary version of the ancient ritual of going into nature alone for contemplation, renewal and realignment. The quests are modeled on the Sacred Passage training developed by John P. Milton.

Retreating alone in wild nature provides a powerful opportunity to step back and reflect on your life and work. It opens up to an experience of a deep relationship with the natural world that infuses you with perspective.

This year we offer three quests for up to 15 participants each: One 4 day program with a 36 hour solo, and two week-long programs with 72 hour solos. Each quest will take place on islands in the Archipelago of Stockholm or in the remote and pristine mountains of Vålådalen Nature Reserve in central Sweden.





## THE TRAINING

The solo in nature is at the core of the training. It creates a setting for you to relax, balance yourself and establish a deeper understanding of your inner and outer nature. Before and after the solo you will be engaged in group processes with your co-participants, campfire dialogs and meditation practices to deepen your experience and gain insight into the unfolding process of embodying your authentic leadership.

The program will give you the opportunity to enhance your awareness by practicing mindfulness both individually and through guided meditation. As Einstein said: "No problem can be solved from the same level of thinking that created it". The newly acquired clarity and connectedness that arises from this experience is an invaluable gift for life.

Your safety is of utmost importance to us and the program will ensure that the solo experience takes place in a safe and protected environment. The experienced guides will help you prepare for, and return from your solo in a way that helps you fully integrate your inner and outer experiences.

For those who wish to deepen the experience even more, tailored one-to-one sessions with the hosts are available before and after the retreat at an added cost.

## HOW TO REGISTER

There will only be room for a limited amount of participants which will be assigned on a "first come - first served" basis. Register directly on [info@getwild.eu](mailto:info@getwild.eu). Once you've signed up you'll receive a detailed letter including all the relevant practical information and payment details.

If you have any questions, feel free to contact us for more information.

## FEES & SCHOLARSHIP OPTIONS

We believe that nature quests should be accessible to people from all walks of life. Because of this we make it possible for our participants to pay based on a "sliding scale" principle. It's our philosophy that you are always the best judge of your own financial situations so the sliding scale gives you the freedom to choose an amount between a fixed "high and low" rate for each of our quests. The high fee reflects the actual cost of the quest and we of course expect every participant that can afford this price to also pay it.

We offer a limited amount of scholarships for students and people in special circumstances. They cover up to two thirds of the fee. Send us an e-mail if you wish to receive an application form.

The prices include tuition, local logistics and use of camp-ground. The price does not include meals or transportation.

As a part of our ongoing commitment to preserving wilderness areas around the world we donate 1% of our revenue to wilderness preservation.



*"I have felt extremely calm since the retreat. Walking in my own pace I have felt like a rock in a river. Everyone else pouring by me in a high, stressed pace and me moving slowly forward; like a glacier."*

*- Marcus Degerman, participant in 2011*



## QUEST II, 7 Days

**July 15th – July 22nd, 2012**

### **Vålådalen Nature Reserve**

Vålådalen is a beautiful valley near Åre, Sweden and has been the home of Sami peoples for generations. We will meet the local caretakers who still preserve the ancient Sami traditions, camp by a pristine lake and gather around a fire in a traditional Sami Kota. For the solo's we will climb the mountain Ottfjället. A mountain ripe with sacred sites and amazing vistas.

Read about the location on [www.nulltjarnsgarden.se](http://www.nulltjarnsgarden.se) (Swedish)  
Or see it on a map; <http://bit.ly/getwildmap1>

<b>Sliding scale</b>	<b>High</b>	<b>€650</b>
	<b>Low</b>	<b>€450</b>

## QUEST I, 4 Days

**May 24th – May 27th, 2012**

### **Björnö, Archipelago of Stockholm**

A beautiful site on the edge of the archipelago south of Stockholm. An easy 40 minute busride from the city. The area is surrounded by forrests and coastline and we'll be sailing out to do our solos on beautiful small and uninhabited islands around the basecamp.

Read about the location on [www.kajakeriet.com](http://www.kajakeriet.com)

<b>Sliding scale</b>	<b>High</b>	<b>€550</b>
	<b>Low</b>	<b>€300</b>

*“Humanity is at a crossroads. Perhaps now more than ever we need intellectual and spiritual maturity to help us navigate.”*

*- Mark H. Beanland*



# QUEST III, 7 Days

**August 19th – August 26th, 2012**

## **Gillinge, Archipelago of Stockholm**

Gillinge is our most luxurious location. It's situated on a small island in the middle of the Archipelago surrounded by thousands of small islets. At our basecamp we have a beautiful wooden house at our disposal, complete with kitchen and conference facilities.

Read about the location on [www.gillinge.eu](http://www.gillinge.eu) (Swedish)

<b>Sliding scale</b>	<b>High</b>	<b>€700</b>
	<b>Low</b>	<b>€500</b>



*“If in the past century division, specialization and competition were the recipes for success, this century in its infinite complexity points towards abilities such as intuition, comprehensive view and essential collaboration. The businessman has to put trust in his well-founded intuition to decide which way is the right one and make a safe as well as quick judgement of the situation.”*

*- Göran Gennvi*

*“Slowing down the mind and letting the answers come without effort, and from a deeper source is a skill that only very few master but so many need.”*

*- Rowan Simonsen*

## THE HOSTS



### **Göran Genvi**

During the last three decades Göran has worked as a strategic management consultant, mainly focused on sustainability and the inner condition of leaders and how to cultivate deep and lasting change in organizations through executive teams. He has been a strategic management consultant to top executive teams for 20 years and is the founder and CEO of Nature Academy Learning Lab. He is committed to bringing WiLD (Wisdom, insight, Leadership and Dialog) programs out to businesses and the community. In the beginning of 1990 he started to utilize nature as the main teacher and classroom for innovation and change. Göran lives and works in Stockholm, Sweden.

Web: [www.naturakademin.se](http://www.naturakademin.se)



### **Martin Cadée**

Martin has a passion for creating environments and experiences that empower people to find their unique place in life. He loves to bring people out into wild nature, as it offers an incredibly beautiful and powerful 'classroom' for personal leadership development and transformation. Over the past years he trained to do this work in the USA and Sweden with John P. Milton, Animas Valley Institute and the School of Lost Borders. He co-founded KaosPilots.NL and is now ambassador for its successor; Knowmads ([www.knowmads.nl](http://www.knowmads.nl)) – a school for young, creative entrepreneurs that want to make a positive difference in society. Martin lives in Vienna, Austria.

Web: [www.martincadee.eu](http://www.martincadee.eu)



### **Mark Hessellund Beanland**

Is a Danish/American KaosPilot. He runs a one-man consulting firm specializing in project management and facilitating change processes. He creates learning journeys centered around what he believes to be two of the most important themes of our time; reconnecting man to the natural world and developing individuals and groups towards cultural maturity. Mark is dedicated to the development of longterm strategies for sustainable development that marries the complex dynamics of culture with the unbridled beauty and delicate balance of nature. Mark lives in Copenhagen, Denmark.

Web: [www.markbeanland.com](http://www.markbeanland.com)



### **Rowan Francis Simonsen**

Is a KaosPilot, founder of Upstream Consulting and a father. He designs and facilitates processes and nature experiences focused on unfolding people's highest potential and reconnecting to a place of inner strength and peace. His practice is fuelled by a love for and connection with nature. Key words for Rowan's work are; leadership, sustainability, hosting, facilitating, and integrating technology and people centered processes. Rowan lives in Bogota, Columbia.

Web: [www.up-stream.dk](http://www.up-stream.dk)